



Social Detox a.m.

Process not product
Resources for anti-sexist men

Social Detox *a.m. helps cleanse you of the daily social toxins we encounter within a patriarchal society (including but not limited to, sexism, racism, classism, homophobia)*.

Our ingredients are carefully selected to form a radical critique of Patriarchy and to support the regeneration of healthy relationships.

This program is specifically designed to support people with Gender Privilege in taking responsibility and challenging Gender Oppression. Our unique Anarchist recipe Includes workshops, zines, videos, and a website. This mix-medium variety supports the mind's natural defenses in breaking down Sexist Masculinity. If used properly, Social Detox can help men in a process of re-defining a masculinity that is anti-authoritarian, sex-positive, accountable, and most of all, revolutionary.

Although it provides support, this product cannot and will not cure gender-privilege for men.

Supplement Facts

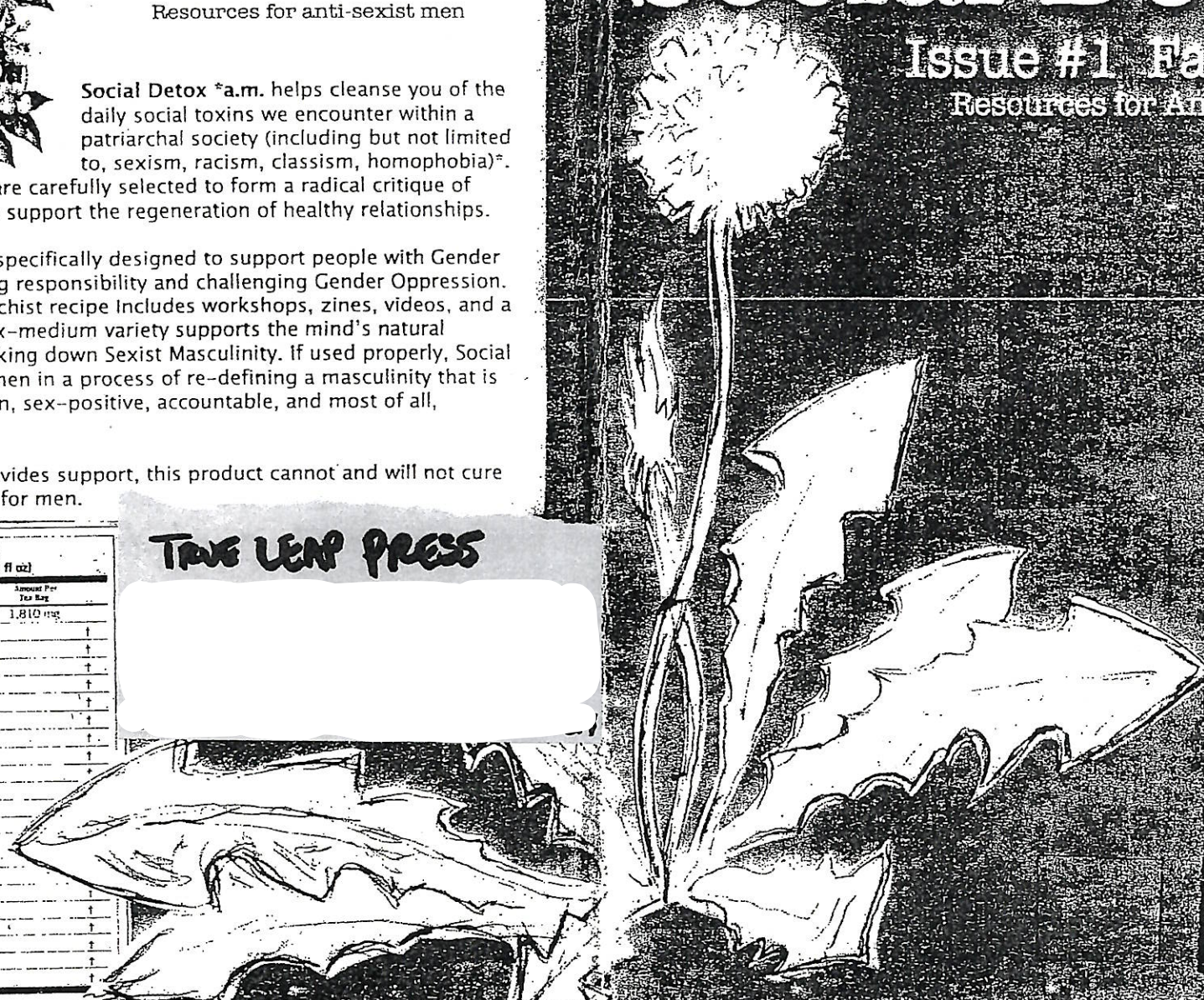
Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag
Proprietary Blend of Herbs:	1,810 mg
Indian Sarsaparilla Root	↑
Organic Cinnamon Bark	↑
Organic Ginger Root	↑
Licorice Root	↑
Burdock Root	↑
Organic Dandelion Root	↑
Organic Cardamom Seed	↑
Organic Clove Bud	↑
Organic Black Pepper	↑
Juniper Berry Extract	↑
Long Pepper Berry	↑
Chinese Amur Cork Tree Bark	↑
Japanese Honeysuckle Flower	↑
Forsythia Fruit	↑
Gardenia Flower	↑
Skullcap Root	↑
Black Cohosh Root	↑
Chinese Goldenthread Root	↑
Rhubarb Root	↑
Wax Gourd	↑
Asian Psyllium Seed	↑

TRUE LEAF PRESS

Social Detox

Issue #1 Fall 2007
Resources for Anti-Sexist Men



Transforming Social relations is a process,
not a product of revolution.

<http://socialdetox.wordpress.com>

Introduction:

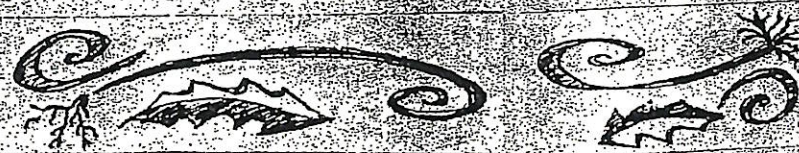
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It's been incredible to create this zine. This project has created the space in my life to focus on gender liberation and collaborate with amazing people in the process. Thanks to my friends who've supported this project and to the harshest criticism I've gotten as well. This wouldn't exist if it weren't for the love and support of my comrades. Fire UP!

While there are so many differences amongst men, we will find we have a common enemy, the masculinity that serves a conquest culture of domination + genocide.

Confronting sexism is a step in creating a revolutionary identity. ♥ I identify with Anarchism * * * I strongly believe that race, class, gender are all manipulated into hierarchy. Oppression is all interconnected. I don't want to lose sight of these connections. However, I know at times my analysis will be lacking. I am no expert. Writing this zine is a process for me to better understand this interconnection.

These issues are relevant to all men who've grown up in this patriarchal society. While some issues in this zine speak directly to non-trans Anarchist guys, and we see cultural femininity, I hope that all men can find this zine useful.



 copyLeft

Internet and Electronic commun- never replace the important work of face to face interactions, friendships, and the tangible experience of print media. We encourage you to engage in conversation, share this zine! However, if you have access to computer and want to download and photocopy zines, you can get them from the website. Please distribute freely. Social Detox archive @

<http://socialdetox.wordpress.com>



Ithaca Freeskiss.
www.ithacafreeskiss.com

after sharing a day at the fair, Tom and Corey compete over the superman doll. ★

Contribute!

A call for Submission!

Attention all men of all kinds! If you're reading this, there is a good chance you already don't fit into the mainstream definition of what it means to "be a man" in this culture.

We want your stories!!! Please, contribute stories, art, poetry, music, videos, etc... to SocialDetox, a multi-media archive project to support the destruction of patriarchy by redefining masculinity in radical ways... Anything that relates to the issues of maleness and male identity. Anything anti-sexist, anti-authoritarian... Anything sex-positive, gender subversive, queer... Come on Dudes let's go! FireUP!

To join the blog, and become a contributor, reviewer; e-mail: [clover56 \(A\) riseup.net](mailto:clover56 (A) riseup.net)



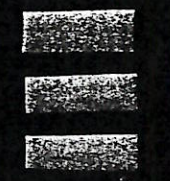
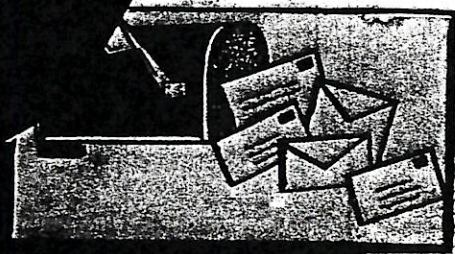
Thanks! to all the amazing people who've supported this project: PMS Media, DeShirley Folks, Media in the Skunkwretching, Ghost CAT, Anarch Environmental Group, Thanks! planting seeds & to you for reading. Fire UP!



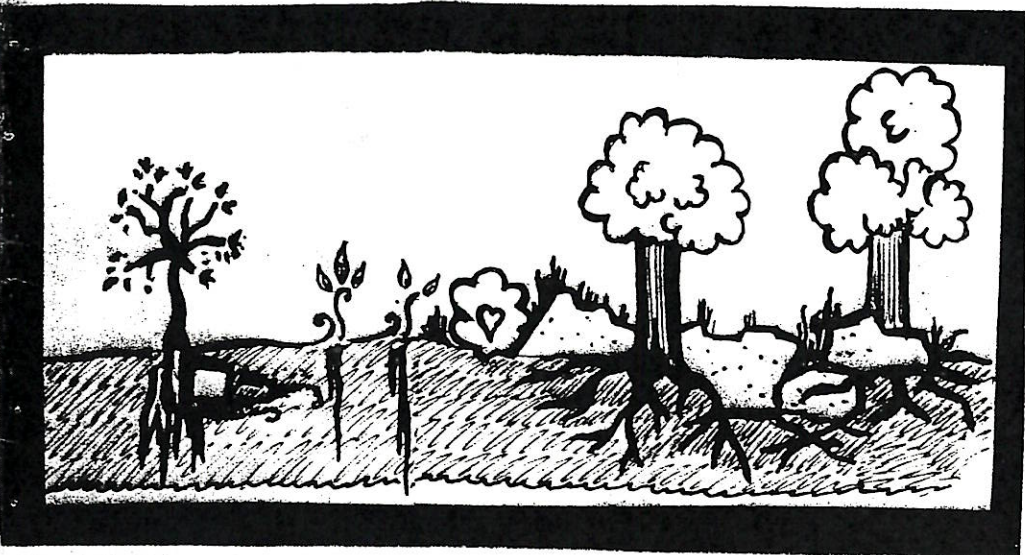
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Demolish, Deconstruct, Destroy, Detox...³

Pyramids of Patriarchal Power...



to subscribe to Social Detox, send
a donation (stamps, envelopes, money)
to GHOST CAT c/o Ryan R
514 N. Aurora St.
Ithaca, NY 14850 ♡





Social Detox Primer Issue # 1 - Summer 2007

Dear readers,

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Welcome to the first issue of Social Detox zine! This project is just beginning in print form. For a couple of years, it's been a cluster of ideas floating about...waiting for the right conditions... Now after a few study groups, and supportive friends, it's beginning to take root.

hir's our framework;

We're Anarchists. That means we reject all hierarchical domination. Our ideas about Gender and sexuality are rooted in the ideas of mutual aid and self-determination... Patriarchy is at the core of how our society MANufactures roles of unequal power. We reject patriarchy and thus resist the social "norms" imposed on us regarding the gender roles "man" and "woman". These binary boxes don't leave room for free and creative expression. As anarchists we seek to destroy the status quo...create ruptures in the social order that controls our lives.

We're Against Colonization. That means we support the resistance and self-determination of all peoples. We are committed to understanding how a white-supremacist, colonial framework has been imposed upon our reality, corrupting our identity and socialising us into HIS story of how the world came to be... how it ends... where we fit into it. We are committed to CONNECT the DOTs between all struggles. We reject the framework of capitalist liberal white reformist campus feminism, and commit to listening and being accountable to other anti-colonial feminists.

We believe in Gender Liberation. We believe it is up to YOU to decide your gender and how you express it. We reject patriarchal gender roles. We reject sexism and sexist power. We are sex-positive. We are pro-consent. We celebrate the diversity of gender expression and identity that can be included in the term "queer". Queer is beyond sexuality... it's political. It's a social revolution.

We're MEN: That means we identify as men. It DOES NOT MEAN we have penises.

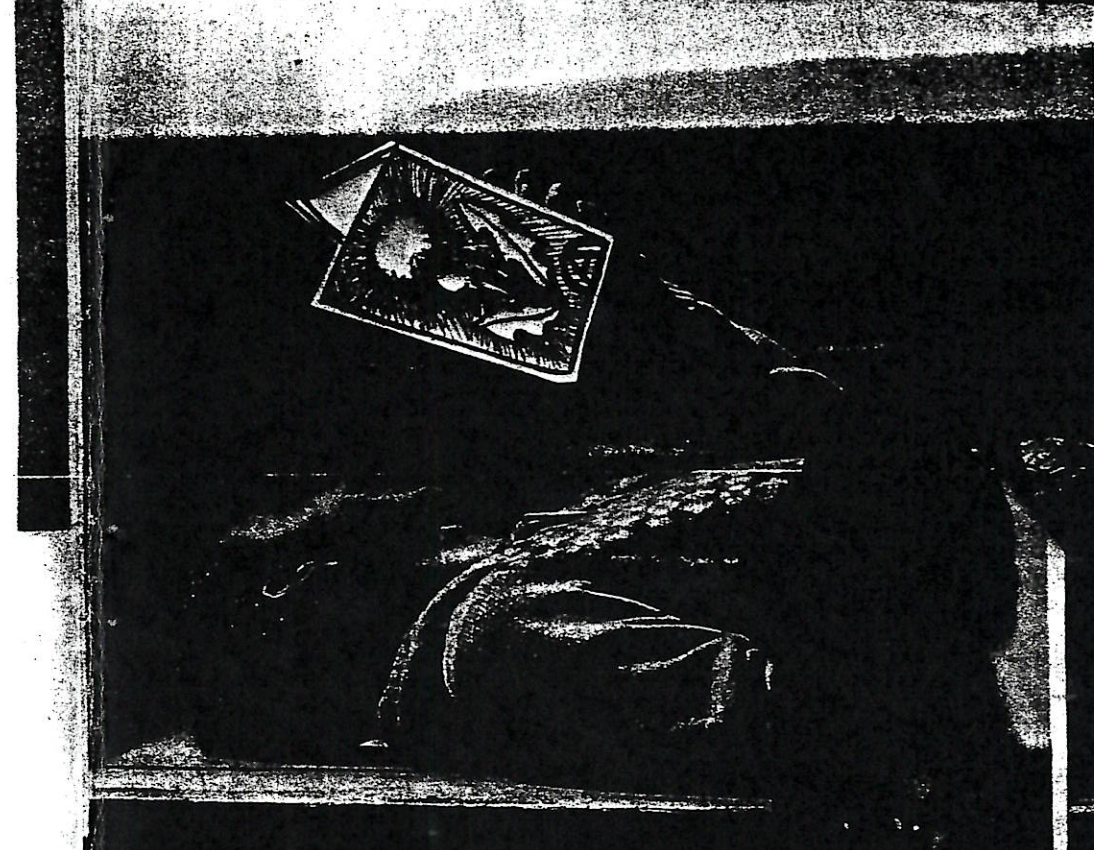
We're the LOST BOYS. We're friends. We love eachother and support eachother. We want to destroy the homophobic and sexist barriers to our friendships. We're lost... sometimes because we can't find a space amongst other men... sometimes because we're falling to pieces and can't cry as much as we need to or can't find the support we need to process our issues. We're lost in various layers of gender privileges and even though we're trying, we can't always create supportive and safe environments. We're lost because there are so few positive ideas about masculinity to draw from... all our role models have betrayed wimmin and betrayed us and we want to be different. Together we find ourselves, draw maps, and navigate through this crazy world to our dreams. Are you a lost boy?

We are Dedicated: We're making this zine because it helps us process our shit and keeps us focused on resisting the White Supremacist Patriarchal State. We work, we listen, we study, we train, we mobilize. We're moving beyond rhetoric. We're taking it seriously. When we talk about resistance, we mean connect the dots... to the root... and building a strategy with focus and a clear understanding of our diverse struggles.

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Consistent reading supports a healthy detox process. Read about resistance! Peoples history, gender Liberation, alternative relationship styles, collectives, healthy identity, Anarchism, social & env. justice. Read about radical parenting + how to support people through abortion... Seek out silenced voices. Listen!

THIS NO... IS MILD ENOUGH... FOR 24 DAYS?



...accountability, love, friendship, caring, compost, child care, feminism, read about resisting the liberal New Age Program, cultural appropriation.

MAN?

RESOURCE PAGE:

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Here are some important books and websights that are worth checkin' out.

<http://theicarusproject.net> - Radical Mental Health support groups
<http://www.wemoonsarmy.com> - Radical Eco-Anarcha Feminist Group
<http://differentkindofdudedefest.dead-city.org/> - Confronting sexism in the music scene.
<http://www.anarcha.org> - huge archive of anarcha feminist resources.

Book List:

- Refusing to be a Man - Jon Stoltenberg
- Transforming a Rape Culture - Emilie Buchwald
- Language Older than Words - Derrick Jensen
- The Will to change - bell hooks
- Conquest - Andrea Smith
- Stopping Rape - Rus Ervin Funk
- *Any of the books published by South End Press*
- Woman and Nature - Susan Griffin
- NightVision - Butch Lee and Red Rover
- Caliban and the Witch - Sylvia Federici

The color of violence - inste!



Zines:

- See no Speak no Hear no Support zine.
- Our Response; community response to sexual assault.
- Consent? CONSENT!
- *Any of the zines by wemoons army!*
- Beginners guide to Responsible Sexuality for men.
- On the Road to Healing
- Friends Make the Best Medicine
- *The struggle within - Recognizing Patriarchy.*



Social Detox

<http://socialdetox.wordpress.com>

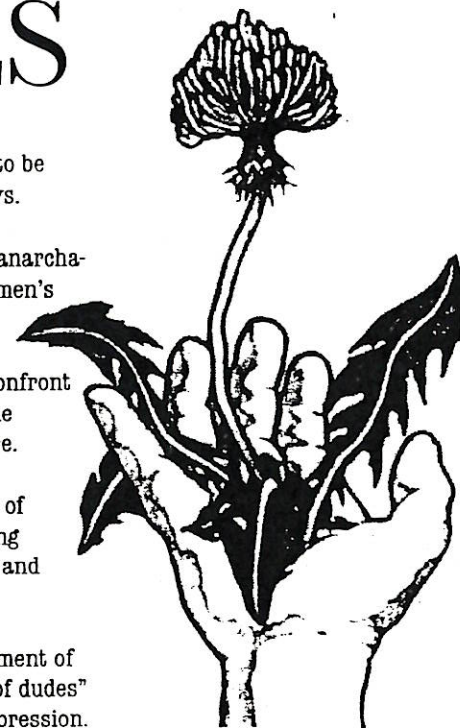


Changing Social Relations is a process,
not a product of revolution...



GOALS

- To **create a space** for masculinity to be explored in honest and radical ways.
- To **maintain** a radical, anti-racist, anarcha-feminist, and queer framework of men's issues.
- To **provide** resources for Men to confront sexism, and be allies in the struggle against patriarchy and rape culture.
- To **represent** creative expressions of masculinity. Publishing and printing stories, art, photography, fashion, and rants on the topic of masculinity.
- To **contribute** to the self-empowerment of men's groups and "different kind of dudes" who are working to end gender oppression.





The Under Cover State

by Lava Flow

Picture this; almost half of your town's population has become undercover police officers and most of your friends are harassed and attacked by them. Imagine that two out of five emergency room visits are now because of police violence. That the non-police half of the populace are now living in constant wariness. You yourself have stopped going outside after dark. Your roommate has been acting strange and you suspect him of being an agent...

Would you consider this a state of emergency? Low-level warfare? Would you deem this political or would it seem personal, a matter between the individuals involved?

Well, let me lay some statistics on you, and I quote my T-shirt: In the USA half of all women experience an intimate relationship with an abuser, one in four women are raped by the male "date", every nine seconds a man beats a woman, a man rapes 1 out of 3 women, a male partner kills a woman every two hours.

How does this touch my life? A painter friend tells me her father raped her and her sister all their childhood. A musician friend says a man raped her with a knife. A writer mourns her friend, left on the side of the road, drugged, raped and killed. My friends strip so they can make as much money as some "real worker" guy who drives the road repair machinery. And I am walking around after dusk curfew, aside from me, the pedestrians are all men, comfortable men, sauntering around, thinking their own private thoughts, maybe stoned, maybe drunk, at home in a world made for them. Perhaps a police car drives by and they momentarily freeze. Oh, if all I had to fear was a uniformed man in a brightly marked car!

Do you have a class-based analysis? I'll quote United Nations figures: Women do 70% of the world's work, earn 10% of the world's pay, and own 1% of the world's property. But how easily despised is the rich woman in furs who is buying the stairway to heaven? Like the corporate receptionist, she is a buffer between us and the rich elite males. Women and children are 80% of the homeless in this nation. Women and children are an economic class or caste in themselves. So much for the noble burly-man worker of the world.

Sometimes I see the pyramid of control more like an ice berg. The visible tip is the corporate state, rich men and uniformed men doing violence to other men. But the state is a formulation of the father-controlled family unit. The huge, underwater part of that state consists of men who police women at home, work, on the streets. The obvious agents of force need only be relatively few because men are doing the work of the state, terrorizing (or supporting the terror with silence) and keeping the majority of the population - women and children - in line. Without male supremacy, the state would be impossible. But the collapse of the state can and does leave male supremacy intact. This is why anarchy without feminism has been called reformist.

Perhaps you will learn more about feminism. And when you hear "smash the state", you'll think about the undercover state, about what isn't being said and how you're going to say it.

care of your own self. Be pro-active in household chores such as clean toilets, and stove tops too.

- 10. respect women's only spaces. Don't ask why. (there are very few spaces that are made by women for women. Do you realize we live in a rape-culture and for some women gathering together outside the strong presence of the all too often intrusive male gaze and/or touch, and the authority-complex that often comes out of living with male privilege is healing and refreshing? Ask yourself why you want in there so badly? Just what is it you feel you have to offer such a space? Or why you feel so left out. Or is it just the thought that there is someplace on earth that you are not the guest of honor that makes you want in so badly?)
- 11. if your lover has a flash-back of an awful experience while making out with you, help her heal, ask her what you can do to help the healing. Be patient, don't just press forward.
- 12. work on your communication skills, learn how to be a good listener, don't interrupt, learn how to express your needs, desires, your frustrations and worries in an assertive, non-hostile, positive, constructive way.
- 13. use gender neutral language. Don't use male generic language. (read wemooon's army and co.'s zine on male generic language)
- 14. when called out on sexist behavior, don't automatically become defensive. Listen. Feel. Think. Be willing to admit your sexist habits. Defensiveness to constructive criticism gets no one any where.
- 15. be willing to change and grow.
- 16. use this list as a conversation starter. Copy off these suggestions and distribute it widely.

Remember everybody, we're all raised in a culture that trained us to think and act in compulsively sexist ways. If we can see our sexist habits and expand our own sexist limitations, we can all have more freedom to choose how we want to be, and how we want our communities to feel.

Remember, we're all in this together. Sexism affects everyone. Let's see it, name it, and transform it into something really brilliant and healthy so that each and every one of us can grow and thrive.

- 17. _____
- 18. _____
- 19. _____

A NARCHISM without FEMINISM is reformist.

TIPS FOR MEN FOLK

By Skunkrising

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1. if you're making fliers for your bands' next show, don't just slap some image of a woman's body to seduce you audience to your gig, be creative!
2. don't laugh at sexist jokes. "Humor" is often used as propaganda that dehumanizes women, and trivializes the reality of sexist violence women face.
3. practice viewing women as deeper than their sexual attractiveness to you. Reject the habit of watching women as prey, as sex on legs, as a sum of her parts, get out of the mindset that you are the ultimate judge. It is tiresome to feel that judgement day in and day out.
4. be conscious of the images you surround yourself with. What posters, cards, magazines do you have around? Practice looking at your room, your house, your hang-outs, through the eyes of a woman. What might she see and feel surrounded by the images there? Are there images that fetishize violence? What music is playing? Who created the space and whose comfort was the space designed for? How respectful are the other men in the room towards women? Is there a heavy predator vibe in the room?
5. read books by feminists. Take women's herstory, watch movies made by women. Then, don't claim to be an expert on sexism or a woman's reality just because you took a women's studies class.
6. be aware of gender dynamics. Practice taking a step back and observing groups of people. Ask yourself, who is talking more? Who interrupts? Who takes up more space, both physically and intellectually? Who's ideas are validated? Who's wishes and desires are respected and acted on?
7. don't police women. Don't tell her what a woman's role is and make her step back inside your box. Don't be over protected, or constantly remind her she might be raped if she goes out alone. If you're concerned about her safety, encourage her to become trained in self-defense and assertiveness.
8. be respectful of a woman's space. Don't assume you can just assume you can just touch a woman, or get up in her space. Touch asserts a power dynamic. Don't interrupt or stare at a stranger-woman in the park if she's obviously enjoying her solitude, give her some space!
9. clean up after your own self. Don't expect your mom, your girlfriend, your roommate to take responsibility for your messes. Practice being aware of your surroundings and take

"the obvious agents of force need only be relatively few because men are doing the work of the state, terrorizing (or - supporting the terror with Silence) and keeping the majority of the population - women and children - in line."

"The corporate state, 7 rich men & uniformed men doing violence to other men."

"the state is a formation of the father-controlled family unit."

"Men who police women at home, at work, on the streets."

What isn't being said, and HOW can we say it.

One thing is that men must break the silence that protects patriarchy. Sexist power is safe because it is protected by a stronghold of silence. Men are quick to silence wimmin who speak out. There is a whole variety of behaviors that men exhibit to degrade wimmin.. *all the time*, just in day to day *normal seeming* interactions.

Have you ever been called out for being sexist?

Another, we can → stop acting out on defensive impulses, even if we feel misunderstood. Wimmin have a reason to be angry with us. Wimmin have reasons to call us out and demand safe-spaces; places for wimmin only. Rather than arguing, or demanding explanations and support from wimmin, we could dedicate time educating ourselves about gender oppression and how we can heal from patterns we've been taught to perpetuate.

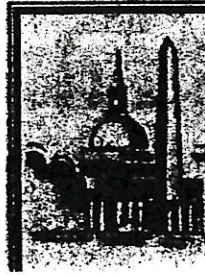
There is a whole lot that isn't being said.

A whole lot we can say,

And A whole lot of work to be done.

Revolution is a process of healing, of restoration, of partnership in struggle.

If we're serious about revolution, if we're dedicated to challenging hierarchal power, then it's crucial we understand how patriarchy works. Oppression is protected by silence. Blissful ignorance is privilege. Those of us with gender privilege need to take the serious time to bring this issue into our day to day awareness. This is the time for radical change, the end of patriarchy, the end of power-over.



What is patriarchy?

(from *against patriarchy conference07*)
<http://againstpatriarch07.wordpress.com>

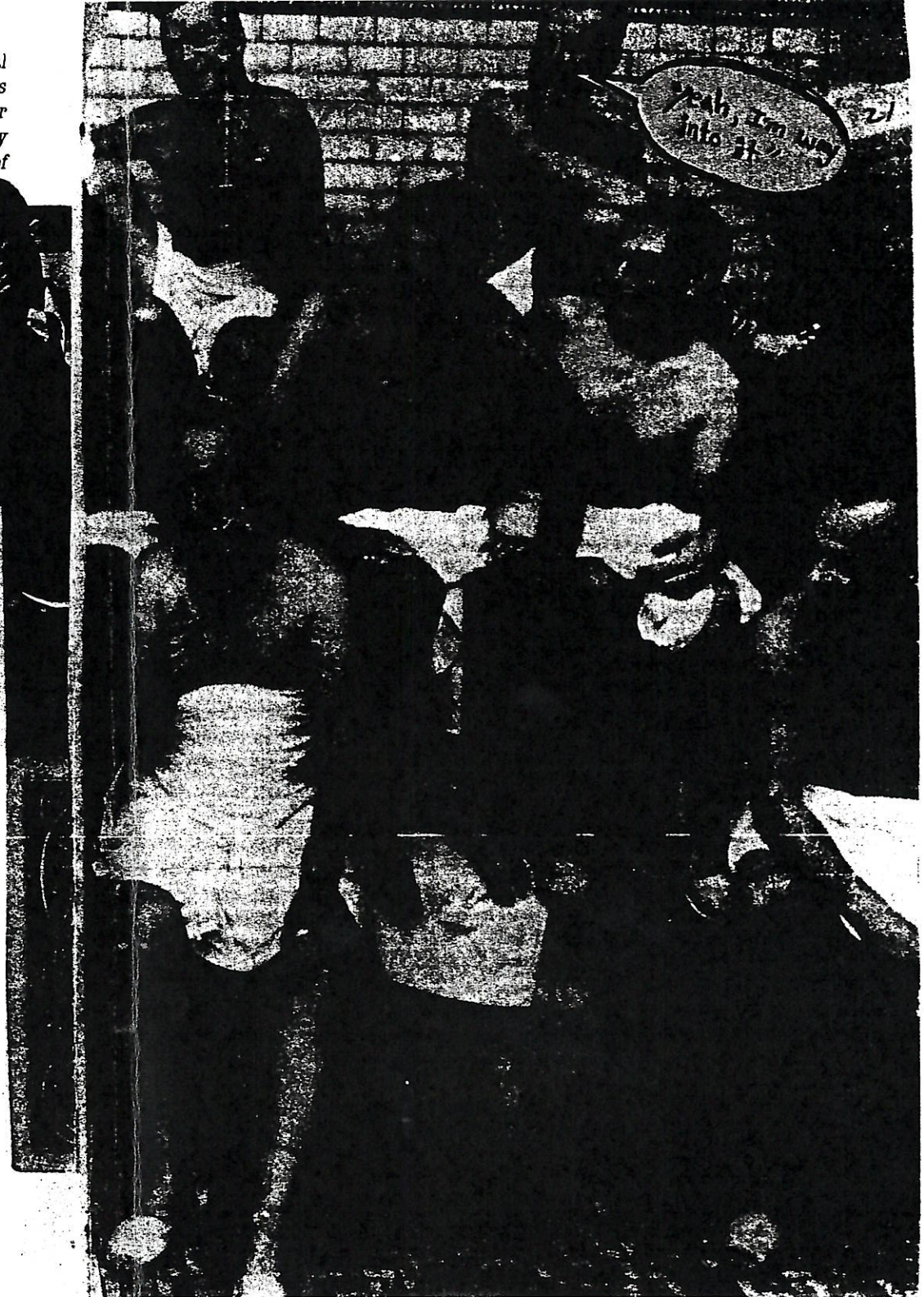
Patriarchy is a "concept that explains the systematic gendered organization of all areas of social life—economic, political, and ideological—such that more social resources, power, and value accrue to men as a group at the expense of women as a group" (Rosemary Hennessy, "Queer Visibility in Commodity Culture," p. 744).

- Patriarchy is a form of domination, which extends to and is manifested in all forms of oppression. This includes, but is not limited to, racism, classism, colonialism and neo-colonialism, the destruction and exploitation of the Earth, the murder of indigenous peoples, the commodification of daily life experience, and all forms of personal and societal oppression.
- Patriarchy is a system of entitlement that rewards behavior that is anti-woman, anti-queer, anti-body, anti-nature, and anti-p.o.c. (people of color)
- Patriarchy interacts with other forms of oppression and affects people differently based on their social locations.
- Patriarchal values are embodied in interpersonal relationships and everyday life.
- Anyone, whether he/she/co occupies a socially subordinated category or not, can gain degrees of power and privilege by advocating patriarchal values.
- There is no one or singular form of patriarchy. It manifests itself differently in different social and historical contexts.

There are many ways to respond to the problem of patriarchy. While some women have attempted to claim equal access to the dominance, exploitation, and power of men, others have emphasized the feminine as "better" than the masculine, essentially just flipping the coin. However, neither approach reflects our core beliefs. We understand gender oppression is deeply intertwined with racism, classism, colonialism, ableism, the state, the destruction of the environment, and ultimately civilization itself. As many have discovered, single-issue struggles fail to create radical change.

"As many have discovered, single-issue struggles fail to create radical change."

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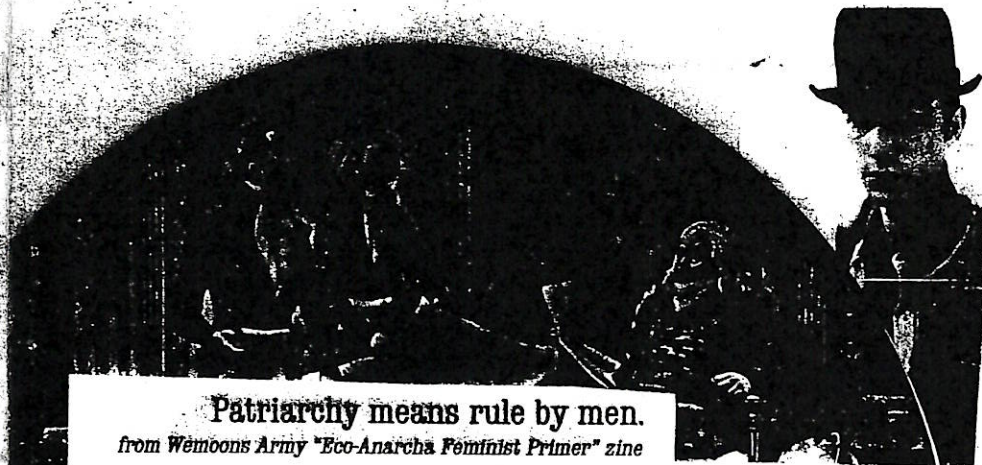
Men's Anti-Sexist Discussion Group

We're starting a group for the Ithaca Freshkill 20

Thing is... there are lots of men's groups... but rarely with a focus on resisting sexism and healing. Men often reinforce patriarchy amongst each other, with competitive, homophobic, sexist behavior. We are anti-patriarchy!

The goal of our group is to develop skills to communicate and be mutually supportive. We seek to learn from each other and overcome the insecurities + fears of a competitive group dynamic. We want to be honest, free to feel emotions, to be self-critical and self-empowered. Our group creates a space for the emotional and the ideological resistance to a NUMB Patriarchal world.

(resources about starting men's groups can be found at <http://socialdetox.wordpress.com>)

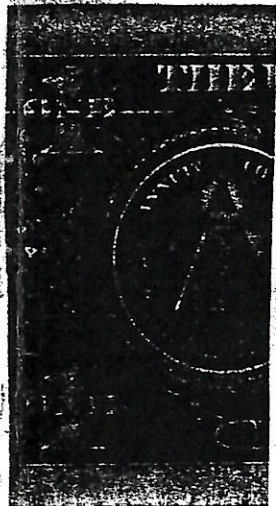


Patriarchy means rule by men.

from Wemoons Army "Eco-Anarcha Feminist Primer" zine



Patriarchy is a Hierarchy. A hierarchy is like a pyramid... A few at the top have the most control, the people in the middle have medium, and the majority on the bottom have very little. The people at the top control/own the media (value systems) armies, money, law, institutions, corporations, land, air, and water. They keep this control by force (and threat of force), fear, and reward systems. They reward behaviors that go along with their plans and values. The rewards differ. They use the philosophies of sexism and racism to give out rewards differently. (Sexism is when Men are given more value than women; Racism in America is when white people are given more value than people of color). There are more rewards for men, more rewards for white people. White people and men want to keep their privileges. They use their positions of privilege to control others. Men control women. White people control people of color. Straight people control queers. We are all taught to be superior to others and that it is good to do so. But philosophies of sexism and racism keep us against each other so the people at the top can control us all. The few at the top of the pyramid are men and they are sexist, racist, and greedy. They are making all the important decisions about the day to day existence of all of us. They decide when and where to blow up nuclear bombs and what to tell us about it, what chemicals go into the land and our food, how many forests the next generation will have, which dictatorships will remain because it profits them, who gets to be a doctor, who is burned at the stake, who is put away in prison, who is raped, who terrorizes who, and who works for less money than it takes to eat. The controlling few decide these things. The controlling few are men. And the people at the bottom doing unpaid and low paid labor are mostly women and most with children. There have been many revolutions but the pattern of patriarchal hierarchy remains... How does this make you feel? What are 'ya gonna do?



Resist Patriarchy!



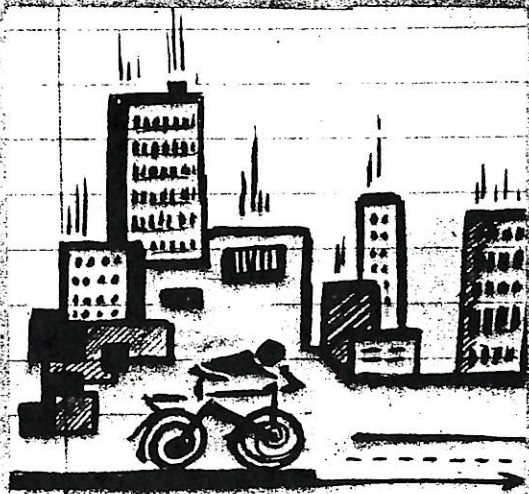
strategy.

- What are the barriers to our visions of a sustainable and healthy society?
- How can we work to destroy these barriers?
- What repression do we face and how can we resist?
- How can we incorporate an understanding of gender dynamics in our actions?
- How does an anti-colonial feminist framework help us develop strategy?

There is **action** one can take...for example, direct action against capitalism is inevitably an action against patriarchy. There's lots of great revolutionary theory and text and groups and stories that encourage militant action. There's a lot of good campaigns to inform us about strategic targets of action.

The focus of SOCIAL DETOX is to encourage multiple layers of resistance... because sabotage alone will not bring revolution. *We must transform the social relations in which we build community and movements.*

Forming a support group to challenge sexism can be a really effective way of confronting the ways we perpetuate oppression on a personal level. Amongst eachother as men, and amongst wimmin. There is lots of info out there about forming groups. Just do your research. And reflect on it... and talk about it...



WHAT DOES A RADICAL MASCULINITY LOOK AND FEEL LIKE ???

(not done or refined)

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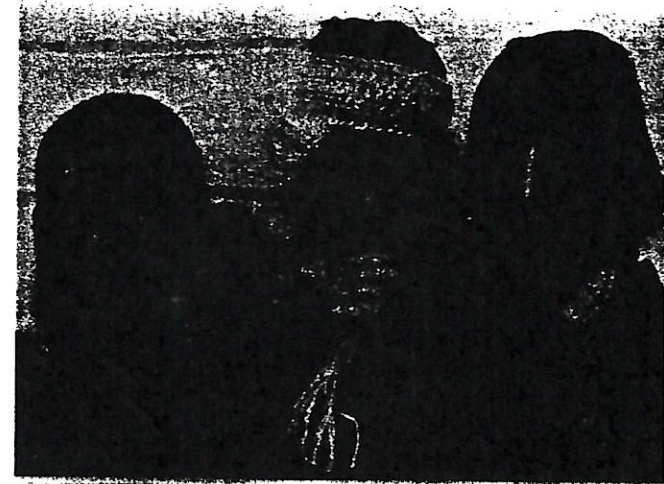
It's different for everyone... What does it mean to you? Have you ever been called out for being oppressive? How did you respond? How can you respond in the future? What does it mean to be radical? How can you get the support you need to change and heal for real? How much effort are you willing to put into understanding gender issues?

When brainstorming a "radical masculinity" it's super important to us that we keep in mind the variety of men's experience and how one's gender relates to class, sexuality, race, ability etc... Oppression is all so deeply connected. For example, racism is often gendered; meaning that white men in power see themselves as the only real "rational" men... you know, god's chosen... all that bull\$hit. In the U.S. , The whole idea of **MAN** is white frontier man. All the values placed on **MAN** in this country connect to racist colonial interpretations of other cultures and to conquest.

Wimmin have been associated with nature, and nature has been seen as feminine. From a patriarchal perspective, men are removed from nature... This separation connects men with technology, death, "the divine". Again, we're talking about White men. You may not believe this word for word... but think for a moment about how these messages have permeated the stories in our culture. By rendering something feminine, it becomes oppressable. It becomes objectified... something that men feel entitled to explore and dominate. This is just one brief attempt to explain the huge and complicated ways that patriarchy works.

(Notes; leave room for image.. on r side of page. Make sure I'm not saying the same thing I've already said earlier in the zine. Make sure to ask more questions and make less statements.)

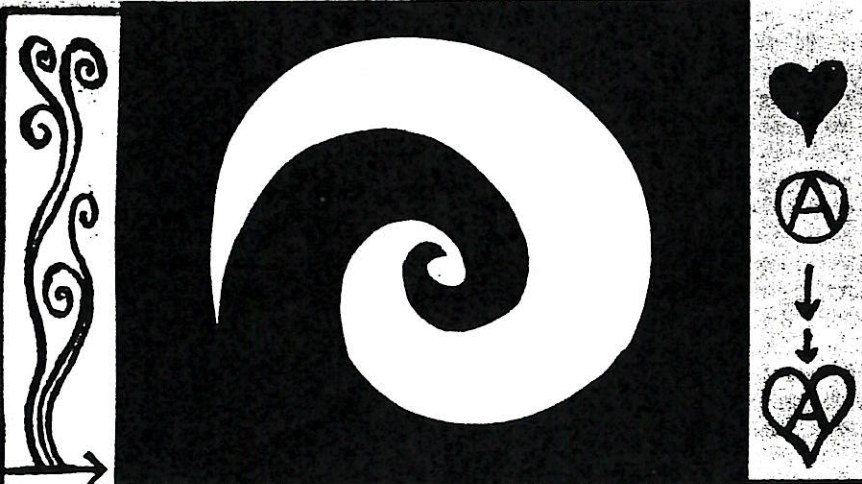
★ Cory, Jonathon, and Francis
try on the new hats...



*personal note; Make this part smaller... get the point across with less words maybe.

"Transforming social relations is a process, not a product, of revolution"
from ANTI-MASS organizing for collectives

This is important to think on. We've been taught to value the thingification of things... to have process only as a means to an end. Our society teaches us to be producer consumers... To think in dichotomies (opposites) and in really linear (start to finish) concepts of living, achieving, accumulating, producing... and then ... death. In this narrow view nothing continues... There is judgement... there are 2 options... Heaven and hell. And for our life here on earth? there is no accountability, no responsibility to the land in which we live, no long term vision of society... No give back... no respect for other cultural views or interpretations... As long as we're trapped in the linear story of MANKIND, we're not free.



Life is a cyclical process... where everything is both autonomous and interconnected. There is no death really, in a life cycle. As with the changes of the days, the seasons, there are sunsets and periods of recession and sometimes even blunt, violent changes. But the cycle continues, and growth is a process of adjusting one's self in relation to everything else.

It is through our relationship to the world around us that revolution is made possible. It is how we create ourselves and our identity. Revolution is a process...

There is no point in which we achieve revolution. There is no beginning either...there is simply the ongoing process in which we can participate in learning and unlearning, building and burning... adjusting our focus and adapting to our conditions.

Being anti-sexist is a process... a framework from which we understand and interact with the world. What kind of world are you workin' toward?

From Wemoons army and co.

This is a call to all Men who want to make deconstructing patriarchy a priority in their journey towards a healthier society.

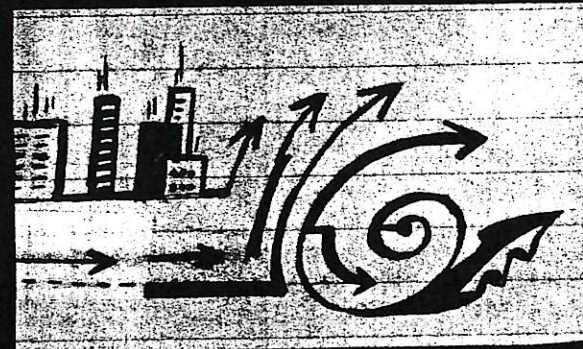
This here is a short intro for a man who is stepping aside, Who is getting out of the ~~poisonous~~ box of commercial masculinity, And beginning the long, ongoing process of quitting sexism. Healing the addiction to sexist privilege is not going to happen overnight. To believe that you do not have sexist prejudice or sexist habits is egotistical. To believe that you are going to undo a life-time of patriarchal training overnight is not realistic or helpful to your growth as a feminist thinker. Becoming humble and accepting the work of looking deeply into yourself and you culture is what is called for.

The work can be long and hard and personally challenging, but ultimately gratifying too. This is the work for men and wemoon who want to experience true love and anarchy. In this country and in most places all around the whole world wemoon and girls are not safe, physically, spiritually, or mentally.

Wemoon are far from thriving to our full potential as individuals. The fact remains that many of us are not even surviving. Most of us are severely wounded from the blows of rape, molestation, invisibility, slavery, fear of abuse, sexist stereotyping and sexist brainwashing.

Wemoon and girls are systematically oppressed. Systematic means it's not accidental or random oppression. It's perpetual and routine, propagandized and normalized. Wemoon are used, objectified, commodified, sold, silenced, raped, and murdered. Female oppression is so wide spread and deeply embedded that sexism is rarely even addressed as a social problem. Sexism is socially acceptable. Wemoon's oppression is widely believed to be the natural order of things.

We need to address this oppression with the same seriousness and energy that we need to address racism, classism, and the destruction of our collective home, planet earth. There is no peace or revolution with out the liberation of wemoon from this systematic dehumanization (objectification) and violence that is inherent in this sexist world order. This is a call to all Men who want to make deconstructing patriarchal values a priority in their journey towards a healthier society.



Mental health support groups
Anti-sexist discussion groups.
Being honest all in all
Listening, Reading, Thinking,
Stepping back, actively listening,
Learning about, practicing CONSENT,
Heart to heart conversations.
Working on a zine.
I'm sure there's plenty more...

A MESSAGE TO "ANARCHIST" MEN AND THEN SOME.

By Molly Tov

So they say a womyn's work is never done, and here I am writing an article that a man should be writing, and I'm starting to believe it.

Wimmin have been looked over, talked over, pushed back, laughed at, been shut up, used, abused, and raped all by our "brothers" self titled anarchist men and proclaimed revolutionaries. All the anti-sexist men quick to jump on someone else's sexist remark when around an anarchist crowd, but will let it slide when around his not so "P.C." friends. The men who vocalize their aggression against rapists, but when THEIR lovers say no, coercion is simple, and its not rape, because he's ANTI-SEXIST. There are men who use anti-sexist talk to pick up wimmin. The men who challenge others to call them on their shit and when someone does, on goes the defense mode and he's appalled that someone could say HE was fucking up, instead of actually thinking about the situation and to start working on it.

We already know all men are sexist, just as all white people are racist because of our society, white people still having privilege over people of colour and men still have privilege over wimmin, and once born into this process its incredibly hard to break it, especially when you forget to look at yourself. Once men slap "REVOLUTIONARY" on themselves, they think once they know a problem exists, that they are no longer a part of that problem, which they are.

As always before and now, sexism is a second hand term. It seems everything is being laid out in order of importance, made by who? Its like "first we'll fight racism, cos' we already know how to beat up nazis, then maybe we'll think about sexism, capitalism, or homophobia, whichever least affects our privilege. After that if there's time, and no more beer, we can read about speciesism, ageism, or ableism. if we're

really cool we'll learn a little about it all to improve our social skills for the next gathering."



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Sexism is institutionally structured into the culture of patriarchy. It cannot be narrowly defined as "sex discrimination". Sexism is a dynamic enforced everyday through violence & trauma that oppresses wimmin.

ALL* MEN ARE SEXIST

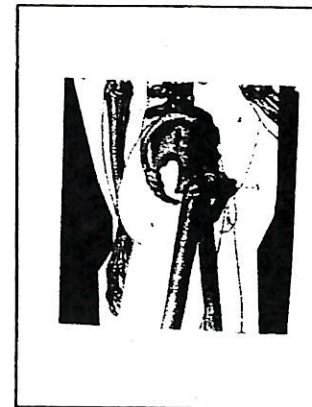
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This is a complicated topic. It's been said, and debated, and clearly it's controversial. But let's get right into it. What does it mean? That all men are sexist. How can we make such generalisations? Is there something inherently wrong with men?

* The following words address folks born into the boy binary box. It's important to recognize that trans-men experience gender privilege and sexism differently than non-trans men. However, we are all responsible to destroy the idea that man = power-over.

From boy to man, growing up;

This society raises us right into HIS story...Right into the factory of war, genocide and the destruction of the earth. We're taught off the bat to identify with patriarchal values. We grow up and we're totally surrounded by sexism and it's completely normal. By the time we're older, and we've learned about sex from TV or porn or whatever, we've been further indoctrinated. As we grow up, we learn our place in our gender... what we can and can't do. We are forced into binary boxes. As teenagers we begin to experience gender oppression from our peers. We get insulted with gender. Insults are always feminized. This hurts all of us.



There is a certain age where "being a man" becomes a terrible desire... We look up to men who seem successful. We begin to identify with him. When we're old enough to have masculine features, to present and perform masculinity... we're in deep.

Many times the system is crude and simple. If we're disempowered in some way, we can always use gender to lift ourselves up. It doesn't matter if we call ourselves anti-sexist or not... If we've been raised as a man, we have male privilege. We gain sexist power without even trying. The examples are endless...

Gender privilege: The amount of access one has to achieving power or ignorance through their gender.

Both men and wimmin, hetero folks and queer folks, can all gain power by advocating patriarchal values. Although privilege and access make all the difference. The reality is, heterosexual, white privileged men with penises (and muscles) always have the most access to patriarchal values; thus the most privilege.

The condition of having privilege is the condition of being sexist. That is why all men are sexist. ALL men gain male privilege through male identity. Men are sexist because male privilege creates the conditions of sexism wherever we bring ourselves.

from www.anarcha.org



Masculinity, Maleness, Dudeliness..

This is a core issue and a concept we really need to unravel and look at. Only by understanding the way masculinity has been constructed and shaped throughout history, can we strategize on how to destroy patriarchy, and discover a gender expression that is original and true to ourselves. 16

The idea of "man" has both everything & nothing at all to do with biology. It is a superhuman delusion, a social construct based solely on class power, divinity, whiteness, entitlement, and a psychological disconnection from the very land we live on.

Patriarchal Masculinity is a creation of colonialism. Because all throughout HIS story it's been men colonizing wimmin and men who have interpreted wimmin and nature and property and prizes of conquest. It's the men of god from which the horrors of rape culture, child abuse, wars and slavery originate. It's been the colonial European white man who has likened indigenous peoples to children and animals, thus rendering them as prey, or another obstacle to expanding "god's glory". Indeed, gender plays a role in colonization because entire people's are not seen as "men". The logic of patriarchy is the logic of hierarchal power. That creates "MAN" as dominant. That is entitled to power over of all "other". These relationships of domination are gendered from the start. We must RESIST! We must understand masculinity first in opposition to patriarchy. Then, we can grow and be creative and find what lies underneath, true to ourselves and our expression as people.

Kill the MAN in you. Bring out the true layers of your identity, youthfulness, meaning and connection to the world in which we live... the people we love and relate to. A radical vision of masculinity can guide us toward creating the kind of communities and revolution we're workin' towards. And I say vision... because we can't just change overnight. We can't just include feminism in our analysis and be done. It's a process. As long as patriarchy exists to privilege us, we have a responsibility to resist; internally and externally.

Whatever happened to fucking equality? How did some isms become more important than others you ask? Its called "How to be cool in the political scene, and keep as much privilege as possible" (look for it at your local corporate bookstore). 13

It's sad when it comes to the point where we don't want to think of anyone but ourselves or the P.C. status quo. Which brings me back to the conclusion of all these "feminist" men, who care so dearly about wimmin (or at least fucking them), until it affects their privilege, they care. Which I challenge SELF-PROCLAIMED anti-sexist men to really think about, how far the words they speak so well go, maybe try asking your best friend or lover just how anti-sexist you are.

Has this article offended you yet? Do you use your knowledge of others oppression to make a change or to just make a good impression. Do you feel challenged when a womyn speaks? Ever assumed its ok to touch someone? Ever feel bothered when a womyn asks you to confront sexist bullshit? well fuck you, you chose the term revolutionary not me.

Unless we can start seeing ourselves as the problem, and until we can actually start talking and listening to each other about our problems and work on them, revolutionary change will always remain a distant dream.

So the last question being, how many articles does it take until men start working on their shit? Aren't you tired of hearing and reading about it (if they even took the time)?

Maybe Smith and Wesson do a better job??

At least stop considering yourselves revolutionaries, YOU'RE NOT MY COMRADE.

Don't just talk the talk!



It's typical capitalist/patriarchal behavior to co-opt the contemporary issue to gain social power. It takes a lot strength to see past the hip rhetoric and get to the point, which is that all men are sexist and being anti-sexist means serious commitment to change. Every day, every moment, with every project we work on and every intimate relationship we must be committed to understanding how our gender plays into it.

Like many other womyn have before, Molly Tov brings up the fact that our politics often become rhetoric... smooth words to make our way into the "scene". To show off that we know something... to impress upon others and to boost our egos. She's right. We need to let go of this competitive behavior, stop seeing feminism as another tool in which to influence people.

If I could stress anything, it would be process. Just process a lot. Deal with it. Reflect. Be aware of your thoughts... Identify your struggle. Identify and bring it out... even if it's uncomfortable and hard. Seek support. Get involved in men's groups that are working against sexual violence.

Solidarity means connecting the dots. Seeing struggle as interconnected. Understanding yer own struggle and the context of your struggle.

Solidarity is brainstorming & acting on the most effective way to link struggles and form partnerships. To contribute to someone or a group of people in solidarity is to contribute to their self-empowerment. Anti-sexist men's work is **NOT CHARITY**. Learning about sexism is our responsibility and our struggle. While both men and wimmin resist and struggle against patriarchy, our struggles are different. It is by working together as men to destroy, deconstruct & detox gender oppression... that we will be strong enough and capable enough to stand in solidarity with wimmin in resistance to patriarchy.

REWIND DIRECTIONS: Four 1 cup of boiling water over a tea bag. Let steep 10-15 minutes or longer. Squeeze tea bag gently into the cup. Leave in cup as drinking. For a periodic cleanse, drink 2 cups, followed by additional cups throughout the day, as needed.* Or, steep 4 tea bags in 3 cups of water, and drink over the hour.* Repeat 2-4 times a day.* For a delicious change, try with fish lemon and honey, or your favorite sweetener.

But how can men process? It's so risky... one must sacrifice one's entire idea of masculinity to join a support group! That's the point y'all... We gotta change our understanding of strength... we need to expand our definition of revolution. We gotta learn to be vulnerable sometimes so that we can be honest with ourselves and grow.

Resistance to domination means a resistance to the very identity in which we've been indoctrinated. This is one of the most difficult realms in which to resist 'cause it requires that we challenge ourselves in the deepest, most personal ways. But with supportive friends and a process of learning and healing, anything is possible.



FEED ON WASTES, STAY INVISIBLE, ALL WHILE YOU ENRICH THE SOIL, THE ROOTS, THE ECOSYSTEM... YOU SURVIVE IN THIS WORLD IN THE SHADOWS WHILE READYING THE GROUNDWORK FOR REVOLUTION...